

October Breakfast 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Waffle & Syrup	1 Breakfast Bagel	2 Assorted Cold Cereal	3 Cook's Choice	4 Donut Day!	5
6	7 Mozzarella Dippers & Sauce	8 French Toast Syrup	9 Build your own Breakfast Sandwich	10 Blue & Gold Muffins	11 GS Br. Cookie HS Scone	12
13	14 Ham, Egg & cheese combo bar	15 Build your own Yogurt Parfait	16 GS Cereal Bar HS Biscuit & gravy	17 Pancakes Cinnamon Apples	18 Fruit filled Strudel	19
20	21 Breakfast on a stick syrup	22 Cheesy Pull Aparts	23 Breakfast Bagel	24 Cornbread Syrup	25 GS Cinnamon pull apart HS Cinnamon roll	26
27	28 Breakfast Pizza	29 Bagelful	30 Warm Soft Pretzel & Cheese	31 Spooky S'moatmeal	Donut Day	
	Assorted Cold Cereal	Notes: This institution is an equal opportunity provider All breakfasts served with choice of milk; 100% fruit juice; & whole grain rich items				

October Lunch 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Garlic Chicken over Rice	1 Quesadilla	2 Cheeseburger on Bun French Fries	3 Cheesy Pull aparts Sauce	4 Cook's Choice	5
6	7 Corn dog Mac & Cheese	8 Build your own Taco with all the fixings	9 Spaghetti Hotdish Breadstick	10 Cornell Chiefs Bowl <small>(popcorn chicken, Mashed potato, corn)</small>	11 Tailgate Party	12
13	14 Meatballs in Gravy Mashed Potato	15 Chicken Ranch wrap Rice	16 Homemade Soup & Sandwiches	17 Chicken Patty on Bun Smiles	18 Pizza Day	19
20	21 Chicken Nuggets Hashbrown Patty	22 Build your own Nacho with all the fixings	23 Ham & Cheesy potato	24 Hot dog GS Chips HS Baked Potato	25 Chili Uncrustable	26
27	28 Chicken Pasta & Sauce	29 Quesadilla	30 Cheeseburger Tater Tots	31 Hobgoblin Hotdish	Build your own Sandwich Chips	
		Notes: Menu subject to change This institution is an equal opportunity provider All Lunches served with choice of milk; fruit , Veggies; & whole grain rich items				